

POST-OPERATIVE INSTRUCTIONS
MENTOPLASTY

ICE is applied to the chin area on the day of the procedure and for the first 72 hours after.

THE BAND-AID under the chin will be removed at the first post-operative visit. If it becomes soiled, it may be changed.

BEGIN taking the antibiotic the day of the procedure.

Extra-strength Tylenol may be taken for discomfort in the incisional area. Percocet is prescribed for severe pain.

THE FIRST POST-OPERATIVE VISIT will be at one week.

You will experience some swelling and a little discomfort around the chin. This is normal.

Refrain from a lot of chewing for a few days - Eat soft foods.

Immediately after the procedure you may experience some difficulty chewing and/or opening your mouth wide. This will subside.

You may experience numbness in the chin area, this is common and will gradually subside.

NOTIFY THE OFFICE OF ANY UNEXPECTED PROBLEMS.