

POST-PROCEDURE INSTRUCTIONS
INJECTABLE FILLERS
RADIESSE, RESTYLANE, PERLANE, JUVEDERM

Apply ice to the treated area for the first 24 hours if treated around the eye or lips. 20 minutes on, then 20 minutes off is a good rule.

The first post-procedure visit will be in two to three weeks.

The injected points are very small and need little care. At home, you can clean the area with a non-irritating cleanser such as cetaphil. Make-up can be worn in one-hour after the procedure.

A feeling of numbness or swelling in the treated area is normal and it will relax within a few hours.

Your skin is sensitive to the sun. You should apply a 15 SPF or greater sunscreen 3-4 times a day when you are exposed to moderate amounts sun.

For the first 72 hours you should refrain from massaging the injected area. The area may *feel* lumpy and is normal. However, if a visible lump is seen after the initial 3 days, you may gently massage it for the next week which will smooth the area.

NOTIFY THE OFFICE OF ANY UNEXPECTED PROBLEMS OR CONCERNS.