

POST-OPERATIVE INSTRUCTIONS
BLEPHAROPLASTY

The FIRST post-operative appointment should be 4 days after surgery. Eye sutures will be removed at this time.

ICE compresses should be applied to the eyes frequently for the first 72 hours after surgery. 20 minutes on, 20 minutes off.

AQUAPHOR ointment should be applied to the eye suture lines 3 to 4 times a day for 5 days.

STERILE eye wash solution may be used to moisten the eyes as needed and may be obtained from your pharmacy: Celluvisc (Daytime), sterile saline solution or Natural Tears.

Extra-strength Tylenol may be taken for discomfort.

EYE MAKE-UP may be applied about 7 days after surgery if approval is given by the doctor. The make-up should be purchased NEW to avoid introducing infection and should be hypoallergenic.

Keep head elevated on 2-3 pillows while resting and sleeping for at least the first 48 hours.

NOTIFY THE OFFICE OF ANY UNEXPECTED PROBLEMS.