

POST-OPERATIVE INSTRUCTIONS
ENDOSCOPIC BROWLIFT

For the first 48 hours, you should keep your head elevated on 2-3 pillows when sleeping. You should be out of bed the day after surgery.

Apply ice to your cheeks, eyes, and forehead for the first 72 hours. Alternate 20 minutes on, 20 minutes off while awake, as much as possible!

Sutures may be cleansed with hydrogen peroxide. After removal of the staples and sutures, you may continue to clean the suture lines with hydrogen peroxide as needed.

The first post-operative visit may be the day after surgery.

The second post-operative visit will be about ten days after surgery.

Hair may be shampooed 24 hours after surgery with a mild baby shampoo. The baby shampoo may have conditioner in it.

Your forehead may feel numb and have a tingling or itching sensation, which will resolve with time.

It is normal for your forehead and eyes to swell.

NO DYES, PERMS, OR OTHER CHEMICALS SHOULD BE APPLIED TO THE HAIR FOR AT LEAST ONE MONTH AFTER SURGERY.

THE NIGHT BEFORE SURGERY, WASH YOUR HAIR. DO NOT APPLY MOUSSE, GEL, OR HAIRSPRAY. THERE SHOULD BE NO CHEMICALS OF ANY KIND IN YOUR HAIR.

NOTIFY THE OFFICE OF ANY UNEXPECTED PROBLEMS.