

**POST-OPERATIVE INSTRUCTIONS**  
**MENTOPLASTY**

ICE is applied to the chin area on the day of the procedure and for the first 72 hours after.

THE BANDAID under the chin will be removed at the first post-operative visit. If it becomes soiled, it may be changed.

BEGIN taking the antibiotic the day of the procedure.

Extra-strength Tylenol may be taken for discomfort in the incisional area. Percocet is prescribed for severe pain.

THE FIRST POST-OPERATIVE VISIT will be at one week.

You will experience some swelling and a little discomfort around the chin. This is normal.

Refrain from a lot of chewing for a few days - Eat soft foods.

Immediately after the procedure you may experience some difficulty chewing and/or opening your mouth wide. This will subside.

You may experience numbness in the chin area, this is common and will gradually subside.

**NOTIFY THE OFFICE OF ANY UNEXPECTED PROBLEMS.**