

**POST-OPERATIVE INSTRUCTIONS**  
**CHEEK IMPLANTS**

Suture removal is not necessary, they are dissolvable.

Apply ICE to the cheeks for the first 72 hours. Try to spend as much time as possible out of bed and sitting for the first 48 hours.

BEGIN taking the antibiotic the day of the procedure.

Extra-strength Tylenol may be taken for discomfort.

RINSE your mouth 4 times a day with a mixed solution of ½ peroxide and ½ water.

BE CAREFUL brushing your teeth after the procedure. Brush gently after meals daily.

NOTIFY us of any excessive swelling or temperature changes.

It is normal to experience some swelling and cheek numbness after surgery. This will resolve.

NOTIFY THE OFFICE OF ANY UNEXPECTED PROBLEMS.